


## App Matrix for Support with Autism

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<http://bit.ly/CTDAutism>

**Scroll Down for the Matrix! :)**

**\*\*iOS: Remember Built-In (Free) features: Calendar, Reminders, Notifications.**

App / Developer	Functional Area	iOS (Apple) as of April 2, 2017	Google (Android) as of April 2, 2017	Comments/ Features
<a href="#">Choiceworks By Bee Visual, LLC</a>	Schedules and Reminders	\$6.99	N/A	Text, Picture, Video, Picture Library, Audio, Customizable, Timers, Up to 8 tasks, printable
<a href="#">Choiceworks Calendar By Bee Visual, LLC</a>	Schedules and Reminders	\$2.99	N/A	Text, Picture, Video, Picture Library, Audio, Customizable
<a href="#">CanPlan By University of Victoria</a>	Schedules and Reminders	Free	N/A	in app purchase \$14.99, Text, Audio, Pictures, Video, Add reminders
<a href="#">FTVS HD - First Then Visual Schedule HD By Good Karma Applications, Inc</a>	Schedules and Reminders	\$14.99	N/A	Printable, Text, Audio, Pictures, Video, Picture library, Share,
<a href="#">Time Timer By Time Timer LLC</a>	Schedules and Reminders	\$2.99 iPhone /\$4.99 iPad	<a href="#">\$0.99</a>	Color, visual timer
<a href="#">VisTimer By Mindfultools</a>	Schedules and Reminders	\$1.99	N/A	Color, Visual timer

<a href="#"><u>30/30 By Binary Hammer</u></a>	Schedules and Reminders	Free	N/A	color coding, can share lists via email, visual timer
<a href="#"><u>Timewinder - Interval Timer By Widget Revolt, LLC</u></a>	Schedules and Reminders	Free	<a href="#"><u>Free</u></a>	Apple Watch, interval timers, pomodoro, built in and create your own
<a href="#"><u>Reminders, Calendar, Alarm and Voice Reminder - Aida Reminder by Sergio Licea</u></a>	Schedules and Reminders	Free / \$0.99	N/A	Voice Reminders, Nag feature
<a href="#"><u>Alarmed ~ Reminders + Timers By Yoctoville</u></a>	Schedules and Reminders	Free / \$4.99	N/A	Nag feature, completely customizable. Preset and flexible times, adjustable text size
<a href="#"><u>Inside Voice By Nonlinear Ideas Inc.</u></a>	Behavior Regulation/ Sensory Breaks	Free	N/A	This App "listens" to the noise around you and sounds a programmable alarm every time sound is outside the parameters. In app purchases
<a href="#"><u>Universal Breathing - Pranayama Free By Saagara</u></a>	Behavior Regulation/ Sensory Breaks	Free	N/A	Deep breathing exercises
<a href="#"><u>T2 Mood Tracker By The National Center for Telehealth and Technology</u></a>	Behavior Regulation/ Sensory Breaks	Free	N/A	Monitor moods, graphs to track moods
<a href="#"><u>At Ease By Meditation Oasis</u></a>	Behavior Regulation/ Sensory Breaks	\$2.99	<a href="#"><u>\$2.99</u></a>	Breathing meditations and journaling
<a href="#"><u>Lotus Bud By Chad Sager</u></a>	Behavior Regulation/ Sensory Breaks	Free	N/A	iWatch compatible, Random bell alarm, in app purchases

<a href="#">Sōsh™ By Dr. Mark Bower</a>	Behavior Regulation/ Sensory Breaks	Free / \$39.99	N/A	Social skill enhancement, comprehensive app, different aspects sold individually if needed
<a href="#">Chillax by Wimbledon Sound</a>	Behavior Regulation/ Sensory Breaks	Free	N/A	binaural beats
<a href="#">Relax Melodies HD: Sleep zen sounds &amp; white noise for meditation, yoga and baby relaxation By iLBSOft</a>	Behavior Regulation/ Sensory Breaks	Free	<a href="#">Free</a>	binaural beats
<a href="#">Breathe, Think, Do with Sesame By Sesame Street</a>	Behavior Regulation/ Sensory Breaks	Free	<a href="#">Free</a>	Problem solving, self-control, planning, and task persistence
<a href="#">Scene &amp; Heard – Augmentative Communication By Therapy Box Limited</a>	Scenes	\$49.99	N/A	Communication books, Task prompter, Visual scenes
<a href="#">Snap Scene By Tobii Dynavox LLC</a>	Scenes	\$24.99	N/A	Take a photo and record audio
<a href="#">Social Norms By Virtual Speech Center, Inc</a>	Social Stories and Video Modeling	\$9.99	N/A	Social Stories
<a href="#">Model Me 2 Going Places By Model Me Kids, LLC</a>	Social Stories and Video Modeling	Free	N/A	Social Stories built in
<a href="#">Pictello - Talking visual story creator By AssistiveWare</a>	Social Stories and Video Modeling	\$19.99	N/A	Social Story or visual schedule creation, Add pictures, videos, record voice, Share through Dropbox

<a href="#">Book Creator for iPad By Red Jumper Limited</a>	Social Stories and Video Modeling	\$4.99	<a href="#">\$2.49</a>	Social stories, add pictures, video, voice, Share, merge books
<a href="#">My Story Book Creator School Edition By Bright Bot, Inc.</a>	Social Stories and Video Modeling	\$4.99	N/A	Social Stories for young children
<a href="#">ConversationBuilder™ By Mobile Education Store LLC</a>	Social and Conversation Skills	\$19.99	N/A	Social Skill building, audio clips, conversation building
<a href="#">Between the Lines</a> By Hamaguchi Apps	Social and Conversation Skills	\$15.99	N/A	Real photos and voices, practice interpreting vocal intonation, facial expressions, perspective-taking, body language, and idiomatic or slang expressions
<a href="#">Assistive Express</a> By Kiat Ng	Social and Conversation Skills	\$24.99	N/A	iPhone, ipad, word prediction, large font
<a href="#">ClaroCom Pro</a> By Claro Software Limited	Social and Conversation Skills	\$16.99	N/A	Built-in sentences, non picture communication, ability to type and save phrases to favorites, Male and Female voices
<a href="#">Verbally</a> By Intuary	Social and Conversation Skills	Free / \$99.00	N/A	Non picture communication, save phrases in paid version, word prediction
<a href="#">SmallTalk ICU or Pain Scale</a> By Lingraphica	Social and Conversation Skills	Free	N/A	Iphone or ipad, picture vocabulary to explain sickness or pain. Other apps available in this series
<a href="#">Playhome school</a> By PlayHome Software Ltd	Social and Conversation Skills	\$2.99	<a href="#">\$2.99</a>	Free Play to encourage expression. Also available: Home, Hospital, Store. Can connect together

<a href="#">EasyPhone App By HJ Holdings LLC</a>	Social and Conversation Skills	\$0.99	<a href="#">\$1.00</a>	Two steps to make a phone call. Tap on Picture of person to call
<a href="#">MyTurn! By FreshDigitalGroup</a>	Turn taking	Free	N/A	Apple Watch compatible
<a href="#">Turn Taker - Social Story &amp; Sharing Tool By Touch Autism</a>	Turn taking	\$2.99	N/A	
<a href="#">Launcher with Notification Center Widget By Cromulent Labs</a>	Organization	Free	N/A	Picture identification for tasks, call, messaging and texts
<a href="#">Google Keep</a>	Organization	Free	<a href="#">Free</a>	Ipad, iPhone, Apple Watch, color coding, reminders by date and time or location, checklists, search feature
<a href="#">myShopi - Shopping list - Grocery list By Agilys</a>	Organization	Free	<a href="#">Free</a>	Can add photos, photo library available
<a href="#">Popplet By Notion</a>	Organization	Free / \$4.99	N/A	Simple layout, Color coding, can export
<a href="#">Due By Due Apps LLP</a>	Organization	\$4.99	N/A	iWatch, Nag feature
<a href="#">BugMe! Stickies Pro - Ink Notepad &amp; Alarms By Electric Pocket</a>	Organization	Free / \$1.99	<a href="#">\$0.99</a>	in app purchases, color coding
<a href="#">Inspiration Maps By Inspiration Software Inc.</a>	Organization	\$9.99	N/A	Color coding, visual mapping, picture library, turn to outline

<a href="#">MindNode</a>	Organization	\$9.99	N/A	Mac Compatible, Color coding, visual mapping, turn to outline, Apple Watch Compatible
<a href="#">Notability By Ginger Labs</a>	Organization	\$7.99	N/A	Color Coding, Audio Recording with time stamp, Add pictures and text
<a href="#">AudioNote - Notepad and Voice Recorder By Luminant Software, Inc</a>	Organization	\$4.99	<a href="#">\$5.99</a>	Audio recording with time stamp, add pictures and text
<a href="#">Microsoft OneNote</a>	Organization	Free	<a href="#">Free</a>	Color Coding, Audio Recording with time stamp, iWatch compatible, Add pictures and text
<b>Notes (Standard iOS)</b>	Organization	Free	N/A	Syncs across devices
<a href="#">See, Touch, Learn Pro</a>		Free / \$16.99	N/A	
<a href="#">Social Detective</a>	Social Skills	\$24.99	N/A	
<a href="#">Chore Pad</a>	Schedules and Reminders	\$4.99	N/A	
<a href="#">iSequences</a>		\$3.99	N/A	
<b>Switching Gears! iOS to Google</b>				
The following are Chrome Apps & Extensions.		Will <b>NOT</b> run on an iDevice		All Chrome Apps & Extensions are Found in the Chrome Web Store. They can only run on the Chrome Browser. ( <i>Laptop, Chromebook, Surface, Windows Tablet</i> )
<a href="#">Extensity</a>	Organization	N/A	Free	Use this to manage your extensions and enable/launch them easily, or disable.

<a href="#">ThingLink</a>	Visual, Planning	Free	Free	Interactive image and video content.
<a href="#">MindOmo</a>	Visual Planning, Organization	Free	Free	Brainstorming/ MindMapping
<a href="#">Connected Mind</a>	Mind Mapping, Planning, Organization	<a href="#">Free</a>	Free	Mind Mapping, Brainstorming, Color Coded Shapes or Use Images, cloud storage
<a href="#">Sight Words</a>	Literacy, Sight Words	N/A	Free	Digital Sight Word Flashcards with Audio
<a href="#">Google Keep</a>	Planning, Memory, Organization		Free	Color Coded Sticky Notes, Lists, Sharing
<a href="#">Stay Focused</a>	Focus, Time on Task, Productivity, Attention	N/A	Free	Increases your productivity by limiting the amount of time that you can spend on time-wasting websites. Customizable.
<a href="#">One-Click Timer</a>	Time on Task, Focus, Productivity	N/A	Free	Large, red, visual and audio timer. Up to 60 minutes. Also check out Progress Bar timer and other timer options in the Chrome web store.
<a href="#">Progress Bar Timer</a>	Time on Task, Focus, Productivity	N/A	Free	Counter, Clock, Timer: This app allows you to create general purpose progress bars. Progress bars are useful for tracking various types of progress.



# Autism Resources:

## Locating Devices and Other Wandering-Prevention Technology

### **AngelSense**

AngelSense provides a GPS and voice monitoring solution to keep children with special needs safe and well cared-for. The solution includes a wearable GPS device - designed to address sensory issues and a friendly app based on smart analytics. Parents use this product to get alerts for location changes and locate lost child with live updates.

[www.angelsense.com](http://www.angelsense.com)

### **Care Trak**

The Original Law Enforcement Rescue Program that electronically tracks people with Alzheimer's who wander and special needs kids. Sheriffs, Police, Fire Departments, SAR Teams, etc. use Care Trak to quickly locate at risk individuals.

[www.caretrak.com](http://www.caretrak.com)

### **EZ100 Personal Emergency Notifier and GPS Tracker**

The EZ-100 from EYEZ gives families of wandering special needs children added peace of mind and the confidence to engage in activities and adventures with the whole family.

[www-eye-zon.com](http://www-eye-zon.com)

### **Freedom Watch**

The Freedom Watch from LOK8U is an innovative monitoring device that incorporates both radio frequency and GPS monitoring. The locating device is a wrist or ankle watch that includes a powerful rechargeable battery and a receiver base that communicates regularly with the watch. The monitoring system that works both at home and at the child's school, to create a unified prevention plan.

[lok8u.com](http://lok8u.com)

### **LoJack SafetyNet**

Personal locator bracelets for individuals with autism with a tendency to wander. After contacting authorities when your loved one goes missing, law enforcement and public safety officials use LoJack Search and Rescue Receivers to track the radio signal being emitted from the Personal Locator Bracelet on your loved one's wrist or ankle.

[www.lojack.com/safetynet](http://www.lojack.com/safetynet)

### **Loved One Locator from Mobile Health Technologies LLC**

Mobile Health Technologies provides the ultimate solution for Mobile Personal Safety - Anytime, Anywhere. ASD children at risk for bolting should not be without our products! Our service combines on-demand GPS location, automatic alerts when a user leaves a pre-defined "safe zone", and Automatic Fall Detection. Our devices also feature 2-way voice, and 24/7 monitoring by EMTs.

[www.lovedonelocator.com](http://www.lovedonelocator.com)

### **Project Lifesaver International**

Project Lifesaver International helps provide rapid response to save lives and reduce potential for serious injury for adults and children who wander due to Alzheimer's, autism, Down syndrome, dementia and other related cognitive conditions. Project Lifesaver provides equipment, training, certification and support to law enforcement, public safety organizations and community groups throughout the country and nation.

[www.projectlifesaver.org](http://www.projectlifesaver.org)

### **SafetyLINK**

A SafetyLINK anchor device is a simple device which self connects when turned ON at home. SafetyLINK wearable devices are available as wristband, key fob, clip-on also self connect to the anchor device. When a kid leaves home without permission the device sounds an alarm and send notifications to parents. When kids reach school their device automatically connects with the anchor device in school. Parents and staff are notified when the link is broken at an incorrect time. Any person with a mobile smart phone with our software becomes a receiver and automatically looks for a child.

[www.safetylink.org](http://www.safetylink.org)

<http://www.friendshipcircle.org/blog/2014/01/15/7-tracking-devices-to-find-a-lost-child-with-autism/>

<http://awaare.nationalautismassociation.org/>

### **Ditto Wearable**

<https://itunes.apple.com/us/app/wear-ditto/id965679861?mt=8>

<https://dittowearable.com/pages/how-it-works>

### **TimeTimer Watch**

<https://www.timetimer.com/collections/watches/products/time-timer-watch-plus-large>